

Centre intégré
universitaire de santé
et de services sociaux
du Centre-Ouest-
de-l'Île-de-Montréal

Québec



Centre for Research and Expertise
in Social Gerontology

SUMMARY REPORT

CREGÉS ANNUAL REPORT 2019-2020

This summary report highlights the most important points of the CREGÉS 2019-2020 Annual Report of Research Activities.

For more details, please see the full report at
https://www.creges.ca/wp-content/uploads/2020/07/Rapport-annuel-CREGES_2019-2020.pdf

The Integrated Health and Social Services University Network for West-Central Montreal's university mission in social gerontology is carried out by the Centre for Research and Expertise in Social Gerontology (CREGÉS). This mission is focused on leading research projects, developing and testing leading practices, participating in university teaching, offering training to Health and Social Service Network's professionals and facilitating knowledge sharing and exchange of developed expertises.

To fulfill this mission, CREGÉS counts on the participation and support of university and institutional researchers, research-practitioners, students, as well as collaborators from practice settings and partner organizations. They are supported by a team of professionals who coordinate CREGÉS's activities, carry out evaluative research and studies, and conduct a knowledge transfer and mobilization program.

COMPOSITION

1 scientific director	21 university researchers regular members
1 associate scientific director	22 university researchers affiliated members
2 institutional researchers	74 students
4 research-practitioners	
8 collaborators from practice settings	



HIGHLIGHTS 2019-2020

RESEARCH GRANTS IN 2019-2020

	Principal investigator	Co-investigator	Total
New grants	15	18	33
Ongoing grants	26	10	36
Completed grants	0	1	1
Total	41	29	70

GRANTS BY RESEARCH AXIS 2019-2020

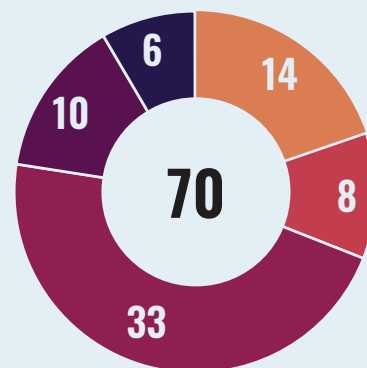
Axis 1 | Seniors as Social Actors

Axis 2 | Heterogeneity of Aging: Bodies, Identity and Society

Axis 3 | Service Delivery to Seniors and Their Loved Ones

Axis 4 | Living Environments

Transversal Axis | Public Policy



SUPPORT FOR RESEARCH ACTIVITIES

SCHOLARCHIP GRANTS

To encourage social gerontology research, CREGÉS offers scholarships to students supervised by its regular members. A total of **\$16,000** was awarded during the year.

SEED GRANTS FOR COLLABORATIVE RESEARCH PROJECTS

CREGÉS provides funds for new collaborative projects between its members. An amount of **\$5,000** was granted for one project.

KNOWLEDGE TRANSFER AND DISSIMINATION GRANTS

CREGÉS offers its regular members and their students financial assistance for the dissemination and sharing of research results. This year, 14 members received funding.



CONTRIBUTIONS TO PUBLIC PROGRAMS AND POLICIES

HEALTH AND SOCIAL SERVICE MINISTRY (MSSS) MANDATES

CREGÉS continued its involvement in the realization of MSSS mandates granted to the CIUSSS:

- ✦ Policy framework to counter the mistreatment of older adults and other persons of full age in vulnerable situations;
- ✦ Training on older adult mistreatment for health and social services practitioners and the community sector;
- ✦ Training on older adult mistreatment for the financial sector;
- ✦ Profile of the services and support measures in place for caregivers in Quebec, Canada and internationally.

A new ministerial agreement was also added in 2019–2020:

- ✦ Training on the realities and needs faced by LGBT older adults.

KNOWLEDGE TRANSFER AND DISSEMINATION ACTIVITIES

CREGÉS is committed to bridging the gap between research and practice through strategies that make knowledge readily available to different target groups, such as practitioners and managers within the health and social services network (RSSS), community partners, or students in social gerontology.

The ultimate goal of these strategies—which include **publishing research results** and organizing specific **knowledge transfer and dissemination activities**—is to improve practices.

PUBLIC POLICIES

CREGÉS has contributed to the development of several national policies and laws through consultations, presentations and participation in expert committees:

- ✦ Presentations and consultations for the development of the National Policy for Caregivers
- ✦ Consultations for the development of a Long-Term Care Policy
- ✦ Participation in the Commission on Medical Assistance for Dying and End-of-Life Care
- ✦ Participation in the sub-committee of the Ministry of Health and Social Services on the impact of population changes on health services



53 PUBLICATIONS

- ✦ 39 scientific articles in peer-reviewed journals
- ✦ 1 book chapter
- ✦ 2 conference proceedings
- ✦ 7 scientific articles in non peer-reviewed journals
- ✦ 2 books
- ✦ 2 research reports

77 SCIENTIFIC KNOWLEDGE-TRANSFER ACTIVITIES

- ✦ Organization of 4 scientific conferences
 - *Mise en lumière d'enjeux émergents dans le champ de la proche aidance, de la naissance à la fin de vie* (ACFAS)
 - *Elders' sexuality and conjugality: relational, social and identity challenges* (CAG)
 - *How can service delivery take into account the psychosocial needs of older adults?* (CAG)
 - *Challenging normative assumptions on aging* (CAG)
- ✦ 73 scientific communications

71 DISSEMINATION ACTIVITIES

- ✦ 37 media appearances
- ✦ 2 awards received by CREGÉS members
 - 2019 Northeastern Association of Graduate Schools (NAGS) Graduate Faculty Teaching Award
 - 2019 Concordia University's Award for Graduate Mentoring
- ✦ 5 CREGÉS newsletters
- ✦ 27 videos posted online

153 ACTIVITIES AIMED AT PRACTICE SETTINGS

- ✦ 1 CREGÉS symposium
 - *Experiences, abilities and potentialities: Improving our practices towards Deaf adults and those with disabilities*
- ✦ 2 issues of *Pluralages* magazine
- ✦ 11 CREGÉS conferences
- ✦ 49 activities within the RSSS
- ✦ 90 activities within community settings

Centre for Research and Expertise in Social Gerontology (CREGÉS)

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KNOWLEDGE-TRANSFER ACTIVITIES WITHIN THE RSSS

- ✦ 2 book club sessions on the topic of palliative care for CIUSSS practitioners involved in the SAPA program (Support Program for the Autonomy of Seniors);
- ✦ 9 psychosocial workshops in social gerontology for SAPA practitioners. These 2-3 hour workshops offer a space for learning and discussion along with professional support and expert advice;
- ✦ 33 interdisciplinary clinical consultation meetings (case studies) for SAPA practitioners;
- ✦ 6 meetings of the CIUSSS provincial multi-sector consultation team to prevent the mistreatment of older adults;
- ✦ 2 webinars for CIUSSS practitioners and managers on the Policy to Counter Older Adult Mistreatment;
- ✦ 6 seminars for CIUSSS interns and volunteers;
- ✦ 32 lectures and workshops in various RSSS facilities;

KNOWLEDGE-TRANSFER ACTIVITIES IN THE COMMUNITY

- ✦ 46 lectures, workshops and training sessions;
- ✦ 1 screening of the film *The Caregiver's Club*, followed by a discussion group;
- ✦ 1 information session on the implementation of the Count Me In! program;
- ✦ 1 escape room on the topic of older adult mistreatment.