



**Centre for Research and Expertise  
in Social Gerontology**



**ANNUAL REPORT ON  
RESEARCH ACTIVITIES**

**2018- 2019**

Integrated Health  
and Social Services  
University Network  
for West-Central Montreal

Québec

Centre for Research and Expertise in Social Gerontology (CREGÉS)  
Academic Affairs Directorate (AAD)  
Integrated Health and Social Services University Network (CIUSSS) for West-Central Montreal

## **SCIENTIFIC DIRECTORS**

**Patrik Marier**, Scientific Director, CREGÉS, Professor and Research Chair in Aging and Public Policy, Department of Political Science, Concordia University

**Isabelle Van Pevenage**, In-house Researcher (Interim Scientific Director 2018–2019), CREGÉS, Affiliate Professor, Département de sociologie, Université de Montréal

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## **EDITORIAL TEAM** (alphabetically)

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**Gabrielle Legendre**, Knowledge Mobilization Coordinator

**Karine Ohayon**, Communications Technician

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**Virginie Tuboeuf**, Administrative Technician

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**Annual Report on the 2018–2019 Research Activities of the Centre for Research and Expertise in Social Gerontology (CREGÉS)**

© Integrated Health and Social Services University Network (CIUSSS) for West-Central Montreal

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This report may be downloaded from the CREGÉS website: <https://www.creges.ca/>

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# A WORD FROM THE SCIENTIFIC DIRECTORS OF THE CENTRE FOR RESEARCH AND EXPERTISE IN SOCIAL GERONTOLOGY

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We are pleased to present the 2018–2019 annual report on the research activities of the Centre for Research and Expertise in Social Gerontology (CREGÉS). The report outlines our CREGÉS's main news and highlights, as well as the achievements of our members, which include **63** funded projects, **72** scientific publications and **202** outreach and knowledge-sharing activities.

We wish to welcome **Julie Beauchamp**, Ph.D. (Département de sexologie, Université du Québec à Montréal), who has joined CREGÉS as a Coordinator in the area of expertise in Inclusive Aging, Diversity, Health and Well-Being. Julie was a student member of CREGÉS for many years and her doctoral work focused on the social participation of gay and lesbian older adults.

We would also like to welcome **Maya Cerdá** who joined the Academic Affairs Directorate as Chief of Program Administration for CREGÉS.

Finally, we want to extend our gratitude again this year to all our members, collaborators and partners within the health and social services network and the various community and university settings. It is thanks to your enthusiasm and trust that CREGÉS continues to make headway with commitment and determination.



**Isabelle Van Pevenage**, Ph.D.,  
Scientific Director (interim 2018–2019)



**Shannon Hebblethwaite**, Ph.D.,  
Associate Scientific Director

# AT A GLANCE

## / mandate /

The Centre for Research and Expertise in Social Gerontology (CREGÉS) is a research infrastructure facilitating a sharing of knowledge and expertise among universities and practice settings in the health and social services network. Its mandate is to stimulate, develop and disseminate research on social gerontology, and to support the development of leading practices at the Integrated Health and Social Services University Network (CIUSSS) of West-Central Montreal. To fulfil this mission, CREGÉS counts on the participation and support of researchers, students, and skilled professionals in various milieus, including health and social services organizations, universities and the community.

## composition

1	Scientific director	22	University researchers (affiliated members)
1	Associate Scientific director	4	Researcher-practitioners
18	University researchers (regular members)	8	Collaborators from practice settings
2	In-house researchers	68	Students *

\*Students of regular researchers working on a research internship, a master's or doctoral thesis, or a post-doctorate whose topic is related to social gerontology. The student breakdown is as follows: 3 undergraduate, 32 masters, 31 doctoral and 2 post-doctoral students are identified in this document by the use of an \*.

## Research partner teams

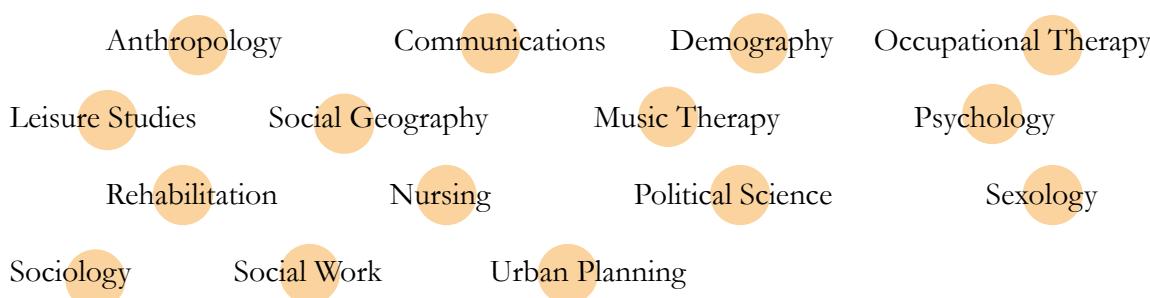
- + **ACT – Ageing + Communication + Technologies:** A research partnership project that aims to create bridges between generations, discover how new media can better meet the needs of older adults, and fight against digital ageism. Funded by the Social Sciences and Humanities Research Council (SSHRC) of Canada.
- + **VIES – Vieillissements, exclusions sociales et solidarités:** A research partner team in critical social gerontology, funded by the Fonds de recherche du Québec – Société et culture (FRQSC), that examines social issues related to aging and notions of social inclusion and exclusion.

## University affiliations

- + McGill University
- + Université de Montréal
- + Université du Québec à Montréal
- + Concordia University (ongoing)

## Partners

- + Centre de recherche Individus, Épreuves Sociétés (CeRIES – France)
- + NDG Senior Citizens' Council
- + Institute for Research on Public Policy (IRPP)
- + Réseau FADOQ
- + Table de concertation des aînés de l'Île de Montréal (TCAIM)



## disciplines

# **CREGÉS RESEARCH MEMBERS**

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## **REGULAR RESEARCHERS**

**Ginette Aubin**, Département d'ergothérapie, Université du Québec à Trois-Rivières

**Maude Benoit**, Département de science politique, Université du Québec à Montréal

**Valérie Bourgeois-Guérin**, Département de psychologie, Université du Québec à Montréal

**Shari Brotman**, School of Social Work, McGill University

**Hélène Carboneau**, Études en loisir, culture et tourisme, Université du Québec à Trois-Rivières

**Yves Carrière**, Département de démographie, Université de Montréal

**Mélanie Couture**, CREGÉS and Affiliate Professor, Département de psychologie, Université de Sherbrooke

**Sophie Éthier**, École de travail social et de criminologie, Université Laval

**Darla Fortune**, Department of Applied Human Sciences, Concordia University

**Line Grenier**, Département de communication, Université de Montréal

**Shannon Hebblethwaite**, Department of Applied Human Sciences, Concordia University

**Annette Leibing**, Faculté des sciences infirmières, Université de Montréal

**Patrik Marier**, Department of Political Science, Concordia University

**Kirstie McAllum**, Département de communication, Université de Montréal

**Émilie Raymond**, École de travail social et de criminologie, Université Laval

**Kim Sawchuk**, Department of Communication Studies, Concordia University

**Anne-Marie Séguin**, Institut national de la recherche scientifique – Centre Urbanisation, Culture et Société

**Tamara Sussman**, School of Social Work, McGill University

**Pierre-Yves Therriault**, Département d'ergothérapie, Université du Québec à Trois-Rivières

**Isabelle Van Pevenage**, CREGÉS and Affiliate Professor, Département de sociologie, Université de Montréal

**Isabelle Wallach**, Département de sexologie, Université du Québec à Montréal

**Laurel Young**, Department of Creative Arts Therapies, Concordia University

## **RESEARCHER-PRACTITIONERS**

**Julie Beauchamp**, Coordinator, Area of expertise in Inclusive Aging, Diversity, Health and Well-Being

**Patrick Durivage**, Coordinator, Area of expertise in Palliative Care

**Zelda Freitas**, Coordinator, Area of expertise in Caregiving

**Sarita Israel**, Coordinator, Area of expertise in Mistreatment

# HIGHLIGHTS 2018-2019

20 new research grants as principal investigators  
-> \$4,242,928

## Research projects

As...	Principal investigators	Co-investigators	Total
New projects	20	6	26
Current	13	3	16
Completed	16	5	21
Total	49	14	63

Among these 63 projects in 2018-2019, 26 are new projects headed by our regular researchers as principal investigators (20) or co-investigators (6).

## Publications

A number of articles were published in prestigious peer-reviewed journals such as *Gérontologie et Société*, *Recherches sociographiques*, *Service Social*, *Ageing and Society*, *The British Journal of Social Work*, *The Gerontologist*

	TOTAL
Book	1
Articles in peer-reviewed journals	27
Book chapters	30
Research reports	2
Article in non peer-reviewed journals	12
<b>Total</b>	<b>72</b>

## Knowledge transfer and communication activities

	TOTAL
Scientific conferences	101
Presentation in community to knowledge users and decision-makers	64
Media appearances	27
Contributions to the development of government programs and policies (1)	10
<b>Total</b>	<b>202</b>

(1) Contributions can take various forms, including participation in expert or advisory committees, completion of government department mandates, and submission of reports at public consultations.

# **SUPPORT FOR TRAINING, RESEARCH AND DISSEMINATION**

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## **SCHOLARSHIP GRANTS**

To encourage social gerontology research, CREGÉS offers scholarships to students supervised by its regular members. A total of \$7,000 was awarded to two students in 2018–2019.

### **Doctoral Award**

**Eunyoung Lee**, School of Social Work, McGill University (student supervised by Tamara Sussman). *The Impact of Experiences of Discrimination on Social and Health Care Service Use and Satisfaction Among Racial and Ethnic Minority Family Caregivers of Older Adult Relatives in Canada.*

### **Master's Award**

**Eleonora Bogdanova**, Département de sociologie, Université de Montréal (student supervised by Isabelle Van Pevenage). *Retraites et transitions identitaires des célibataires au Québec.*

## **STUDENT AWARDS AND RECOGNITION**

To recognize the high-quality research carried out by students in the field of social gerontology, a poster competition was organized during the CREGÉS annual conference held on May 18, 2018. The following prizes were awarded:

### **People's choice award and first place scientific committee award**

**Julien Simard**, Institut national de la recherche scientifique – Centre Urbanisation, Culture et Société (student supervised by Anne-Marie Séguin). *Les locataires vieillissants menacés de déplacement dans le parc locatif privé : comment activer le droit au logement.*

### **Second place scientific committee award**

**Eunyoung Lee**, *Using Illness Trajectory Pamphlets to Help Staff in Long-Term Care Communicate with Residents and Families about End-Of-Life Decisions and Care.*

## **SEED GRANTS FOR COLLABORATIVE RESEARCH PROJECTS**

CREGÉS provides funds to promote the launch of new collaborative projects between its members.

In 2018–2019, two projects received Seed grants for a total of \$9,500:

**Shari Brotman**, Shannon Koehn, Ilyan Ferrer, Pam Orzeck and **Émilie Raymond**, Building from *Lived Experiences of Aging Immigrants' Project.*

**Darla Fortune, Shannon Hebblethwaite and Ginette Aubin.**

*The Role of Art Hives in Fostering a Sense of Belonging for Older Adults.*

# **SUPPORT FOR TRAINING, RESEARCH AND DISSEMINATION**

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## **KNOWLEDGE SHARING AND DISSEMINATION GRANTS**

CREGÉS offers its members and their students financial assistance for the dissemination and sharing of research results.

During the Canadian Association on Gerontology (CAG) conference held in Vancouver in October 2018, CREGÉS hosted two symposia: *De l'intime au collectif : expériences plurielles du lien social* and *Garantir des interventions de qualité pour les personnes âgées en recourant à la recherche*. The organizers were **Émilie Raymond** and **Isabelle Van Pevenage**. The authors of the following presentations received financial support from CREGÉS:

- ▶ **Ginette Aubin**, *Perception de l'inclusion dans la communauté des aînés vivant une problématique de santé mentale par les aînés et les proches.*
- ▶ **Hélène Carbonneau** et al., *Le rôle de l'éducation au loisir dans la préparation à la retraite : cadre théorique.*
- ▶ **Mélanie Couture**, Milaine Alarie and **Sarita Israel**, *Older Adult Mistreatment: Conceptualizing the Continuum of Care.*
- ▶ Alexandra Gilbert\*, **Hélène Carbonneau** and Sylvie Miaux, *A Walk in Nature. Why and How?*
- ▶ Nilce DaSilva\*, **Hélène Carbonneau** and Anouchka Hamelin, *Pian, piano si va lontano : une méthode d'apprentissage d'une langue étrangère à 50 ans et plus en tant qu'un outil pour l'actualisation de soi et le sentiment d'efficacité des aînés.*
- ▶ **Sarita Israel** and **Mélanie Couture**, *Using Scientific Knowledge to Develop and Implement a Policy to counter Older Adult Mistreatment.*
- ▶ **Émilie Raymond** and Anna Adrianova\*, « *Eux versus nous* » : regard interactionniste sur la stigmatisation des personnes ayant des incapacités dans une organisation d'aînés.
- ▶ **Isabelle van Pevenage** et al., *Les temporalités de la solitude : être aidante et conjointe aux âges avancés.*
- ▶ **Isabelle wallach** and Geneviève Miller\*, *Capital érotique, vieillissement et masculinité : une analyse des critères d'attractivité et de sélection d'hommes âgés hétérosexuels et gais.*

# IN THE NEWS

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- ▶ **COLLABORATIVE WORK AND THEMATIC DAY** | In 2018, under the direction of Véronique Billette, **Patrik Marier** and **Anne-Marie Séguin**, the VIES research partner team and CREGÉS published a collaborative work entitled *Les vieillissements sous la loupe. Entre mythes et réalités* (Presses de l'Université Laval). The authors take a critical look at a wide range of myths about older adults and aging and attempt to deconstruct them in the light of research findings. The sales figures reflect a real enthusiasm for the book. As of March 31, 2019, close to 680 copies had been sold. The book will soon be available in France and translated into English for publication by *Purich Books*, an imprint of the Canadian university publishing house UBC Press. On October 26, 2018, VIES and CREGÉS held a thematic day at Concordia University on the subject of the book. During this event, close to 20 of the work's 60 or so authors took up the challenge of explaining, in a few minutes, how scientific research had helped them deconstruct the myths they were writing about. The audience consisted of about one hundred seniors, their family members, professionals from the health and social services network and community-based organizations, as well as the general public.
- ▶ **RESEARCH PARTNER TEAM** | One of the highlights for CREGÉS in 2018–2019 was the renewal of support for the research partner team *Vieillissements, exclusions sociales et solidarités* (VIES) by the Fonds de recherche du Québec – Société et Culture (FRQSC). The team is led by **Patrik Marier** as principal investigator of the team grant. The new research program is entitled *L'inclusion sociale des personnes âgées. Enjeux spatiotemporels* and it has three interrelated research axes. The first axis examines the links between identities, social representations, and the temporal and spatial dimensions. The second axis examines residential trajectories, mobility and integration issues while the third axis focuses on public policies. The VIES research partner team includes 14 researchers from a variety of disciplinary backgrounds (sociology, social work, political science, etc.) and from 6 Quebec universities. In addition to **Patrik Marier**, the research team also includes **Valérie Bourgeois-Guérin**, **Patrick Durivage**, **Anne-Marie Séguin**, **Tamara Sussman**, **Isabelle Van Pevenage** and **Isabelle Wallach**. The new funding consolidates a strong partnership in the areas of research and knowledge transfer for 2018 to 2022.
- ▶ **PROVINCIAL MINISTRY MANDATES** | In 2018–2019, CREGÉS was granted three research mandates awarded to the CIUSSS West-Central Montreal by the ministère de la Santé et des Services sociaux (MSSS). The objective of the first mandate is to develop a policy framework to counter the mistreatment of older adults and other persons of full age in vulnerable situations. The second mandate is aimed at producing a profile of the services and support measures in place for caregivers in Quebec. Finally, the purpose of the third mandate is to design training programs to counter the mistreatment of older adults.
- ▶ **CHANGES TO AN AREA OF EXPERTISE** | One of CREGÉS's four areas of expertise, formerly called Prevention and Health Promotion for Seniors (PPSV, in French), has been renamed *Inclusive Aging, Diversity, Health and Well-Being*. In keeping with the PPSV philosophy, the new area of expertise adopts an inclusive approach that respects the diversity of aging. Four themes (or fields of interest) are explored: 1) health and well-being promotion, 2) social participation, 3) life course, care, diversity and discrimination, and 4) digital technologies and media/culture.

## IN THE NEWS

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- ▶ **ANNUAL CONFERENCE** | On May 18, 2018, CREGÉS organized a conference entitled *Qui décide? Renforcer le partenariat entre les aînés, les familles et les praticiens en lien avec les services de santé et les services sociaux*. During this event, conference participants, which included seniors, their family members, caregivers, stakeholders in the health and social services network, community organizations, decision-makers and members of the general public, discussed the topic of shared decision-making. The conference brought together some 250 participants (including 60 participants who followed the event online). **Mélanie Couture** who was the scientific director of the conference, received a grant from the Canadian Institutes of Health Research (CIHR) to assist with its organization. **Shari Brotman**, **Darla Fortune** and **Kirstie McAllum** also sat on the scientific committee. The program included four presentations and a panel of experts. The fall 2018 issue of the CREGÉS magazine *Pluralages* presented a comprehensive overview of the event.
- ▶ **WEBSITE** | The CREGÉS completed the first phase of its website redesign. The site is now bilingual, reflecting CREGÉS's commitment to making its content available to as many web users as possible. The new site was launched on October 18, 2018, the first day of the annual CAG conference. During the second phase of the website redesign, new content will be added, including a list of research projects, presentation sheets for flagship projects and programs, information on annual conferences, as well as a section on the Health Intervention and Technology Assessment Unit for Health and Social Services (UETMISSS) – social gerontology component.
- ▶ **RENEWALS: RESEARCH INFRASTRUCTURE AND UNIVERSITY DESIGNATION** | At the turn of the year, CREGÉS learned that the renewal applications to be submitted to the FRQSC and the MSSS were postponed by one year. The research infrastructure renewal application will therefore be submitted to the FRQSC in the fall of 2020 and the university designation application will be submitted to the MSSS in 2021.

# 01

## **RESEARCH AXIS** **SENIORS AS SOCIAL ACTORS**

This research axis aims to build the capacity of older adults in order to foster their resilience and well-being. Seniors are not seen as a clientele to be served, but rather as active participants in the aging process.

## AXIS 1 – SENIORS AS SOCIAL ACTORS

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**Shannon Hebblethwaite**, **Ginette Aubin** and **Darla Fortune** are conducting research on leisure education and the social participation of older adults, in collaboration with the Concordia University PERFORM Centre. This work is supported by funding from the R. Howard Webster Foundation. Part of the project involves implementing the *Count Me In!* program, which was co-developed by CREGÉS and the VIES research partner team (bilingual documentation for this program is available free of charge on the CREGÉS website).

**Darla Fortune** obtained start-up funding from CREGÉS for a collaborative project with **Shannon Hebblethwaite** and **Ginette Aubin**, to address the lack of knowledge about older adults' feelings of belonging to their community. This aspect will be explored in connection with older adults' participation in Art Hives, which are spaces open to anyone wishing to engage in artistic activities. Concerning the qualitative methodology adopted for this study, the principal investigator wrote: "*Sharing and talking about their art during focus groups will provide participants with an opportunity to use visual images to communicate their life experiences, expertise and knowledge*". This project is being carried out in collaboration with an Art Hive located in a low-income housing complex in Montreal.

**Hélène Carbonneau**, together with a multidisciplinary research team that includes **Pierre-Yves Therriault** and their partners are looking at the participation of people with disabilities in creative activities involving art and technology in the City of Montreal's libraries. The team decided to build a living lab, which, through the involvement of a wide range of stakeholders, will allow for a better understanding of what people with disabilities experience when they are carrying out these activities. An inventory of measures to improve the accessibility of the activities offered will be compiled.

# 02

## **RESEARCH AXIS** **HETEROGENEITY OF AGING: BODIES, IDENTITY AND SOCIETY**

This research axis aims to put aging stereotypes into perspective, to examine the multiple ways in which people experience and perceive aging, and to explore the many ties between age and living environments.

## AXIS 2 – HETEROGENEITY OF AGING

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**Shari Brotman** and her research team obtained financial support from CREGÉS and the SSHRC in 2018 to continue the work they carried out from 2014 to 2017, which consisted of a narrative “photovoice” study based on life stories and photographs of older immigrants. An exhibition was held at the CLSC René-Cassin in Côte St-Luc and at the Sunrise Community Center in Vancouver. Thanks to this recent financial support, the exhibition will travel to four Canadian cities: Montreal, Quebec City, Vancouver and Calgary. The exhibition serves as a springboard for consultations with various social stakeholders, including representatives of different levels of government (local, provincial, national), service organizations and funding agencies. These stakeholders are invited to discuss possible ways to improve the services that contribute to the health and well-being of older immigrants and their families.

**Valérie Bourgeois-Guérin** is conducting a study on the psychological suffering experienced by older men with incurable cancer.

*« Alors que des études biologiques ou médicales s'intéressent à différentes facettes des cancers incurables et aux douleurs ressenties par les personnes qui en sont atteintes, très peu se penchent sur les souffrances psychologiques qui peuvent être vécues par celles-ci. Cela est particulièrement vrai en ce qui concerne les hommes âgés atteints d'un cancer incurable »,* writes the researcher. The study gives a voice to these men, who all too often are not heard, and sheds light on the various types of masculinity, aging representations and end-of-life situations in Quebec. The team includes co-investigators **Isabelle van Pevenage**, **Tamara Sussman** and **Isabelle wallach**, as well as **Patrick Durivage** as a collaborator. The SSHRC awarded this project a two-year grant under its Insight Development Program.

**Isabelle wallach**, **Julie Beauchamp**, and their colleagues published a research report under the title *Normes de beauté, perceptions de l'apparence et vie intime des femmes âgées hétérosexuelles et lesbiennes au Québec : une étude qualitative exploratoire*. The qualitative interviews conducted with women aged 65 and over show the following: « *Le constat majeur qui ressort de cette étude concerne la diversité des expériences et des attitudes des femmes âgées hétérosexuelles et lesbiennes. Cette diversité semble prendre sa source dans des valeurs et des parcours individuels variés, mais l'étude pointe aussi de façon claire l'influence de l'orientation sexuelle* » (2019, p. 29). The study illustrates the agency exhibited by older women through, for example, their questioning of beauty standards or their ways of resisting some of the pressures exerted by sexual partners to conform to standards of appearance or by questioning the norms of beauty.

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# 03

## **RESEARCH AXIS SERVICE DELIVERY TO SENIORS AND THEIR LOVED ONES**

This research axis helps to develop innovative modes of service delivery aimed at supporting and evaluating current practices. Areas of focus include mistreatment, mental health issues, chronic diseases, cognitive aging and palliative care. Interventions should be aimed not only at clinical recovery, but also at adaptation, integration and the increased participation of older adults.

## AXIS 3 – SERVICE DELIVERY

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It is not unusual for people with cognitive disorders to encounter difficulties in preparing meals. Memory losses and the complications associated with them cause difficulties in maintaining adequate nutrition. In addition, attempts to prepare meals can lead to accidents, with potentially serious consequences. **Mélanie Couture** is co-principal investigator of a project funded by the Alzheimer's Society of America entitled *Assistive Technology for Cognition to Increase Safety at Home*. The purpose of this two-year study is to test an assistive technology designed to help older adults with cognitive disorders prepare meals. The findings will lead to a better understanding of Alzheimer's disease and the early stages of dementia. Researchers also hope to learn more about how assistive technology can be designed to take into account the progression of these disorders.



According to **Annette Leibing**, a “new dementia” has emerged and contextualization is key in the area of prevention: “... what I call “*the new dementia*,” and especially the aspect of prevention needs to be “situated”. My claim is that paying more attention to a critical contextualization of prevention will lead to a more nuanced analysis of recent changes in dementia research and to a greater awareness of what is at stake for aging individuals” (2018a, p. 705). Leibing studies the prevention programs used in various countries, taking into account social and cultural contexts, social classes and gender. The researcher and her colleagues received a SSHRC grant for this work.

• **Tamara Sussman** is one of the principal investigators on a team that developed a research program to study palliative care in the long-term care facilities of four Canadian provinces (Ontario, Saskatchewan, Manitoba and Alberta). In 2019, the team received a CIHR grant for this initiative, which is entitled *Implementing, Evaluating, and Scaling Up of the Strengthening a Palliative Approach in Long Term Care (SPA-LTC) Program in Canada*. The grant will allow the team to expand on the current program by increasing the number of participating institutions and developing an advance care planning tool, training modules and leaflets on bereavement for residents and their families. The pan-Canadian team is made up of 7 researchers and 11 co-researchers, including **Valérie Bourgeois-Guérin**.



# 04

## **RESEARCH AXIS** **LIVING ENVIRONMENTS**

This research axis takes a critical view of the idealized “home environment” in light of the interpersonal dynamics and rules and regulations that exist in different living environments. The goal is to understand how experiences of aging depend not only on the physical structures in which older adults live, but also on interpersonal exchanges and personal care.

## AXIS 4 – LIVING ENVIRONMENTS

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Principal investigator **Sophie Éthier**, three co-researchers including **Mélanie Couture**, and collaborator **Sarita Israel**, won a competition for a research project entitled: *Démarche de mise en valeur des pratiques de bientraitance “ordinaire” en milieu d’hébergement au Québec : un travail de mobilisation de tous les acteurs concernés*. The project is funded jointly by the FRQSC, the Secrétariat aux aînés and the MSSS under a call for proposals to address the issue of the well-treatment of older adults and gain a better understanding of this concept and its distinctive characteristics in Quebec. The researchers' work aims to develop a method for improving well-treatment practices in residential facilities. The study features innovative methodological choices, such as the use of World Cafés—or meetings to promote exchanges—as well as positive treatment circles. Residents and their families, facility staff members and other stakeholders (such as user committees, unions, the complaints commissioner) are invited to join this effort.



**Émilie Raymond**, **Anne-Marie Séguin** and **Hélène Carboneau** are conducting a research project supported by the SSHRC and CREGÉS entitled *Ville inclusive et participation sociale des aînés ayant des incapacités : une cartographie des facilitateurs et des obstacles à la mobilité*. The project's purpose is to document (im)mobility practices, obstacles encountered, and factors facilitating the social participation of older adults with disabilities in three Quebec cities (Montreal, Quebec City and Trois-Rivières). The study's ultimate aim is to identify the main determinants of mobility in older adults with disabilities for the purpose of contributing to the development of inclusive cities.

A research team led by principal investigator **Émilie Raymond** received funding from the FRQSC (2018–2022) under the Research Team Support Program for a project entitled *Pour l'accès à des villes inclusives : partenariats et innovations en soutien à la participation sociale des personnes ayant des incapacités*. The team consists of 24 researchers, including **Hélène Carboneau**, 17 students and 11 governmental and nongovernmental partners as well as individuals with disabilities, who are, according to the researchers, « ... au cœur de l'équipe. » (...) « Ensemble, ils cocréent, expérimentent et évaluent, dans le cadre de recherches-actions participatives, des solutions innovantes qui permettront de diminuer les obstacles environnementaux (sociaux et physiques) à la pleine participation sociale »<sup>1</sup>

<sup>1</sup> Summary available on the website of the FRQSC: <http://www.frsqc.gouv.qc.ca>.

# 05

## **RESEARCH AXIS PUBLIC POLICY**

This research axis looks at public policy development and knowledge dissemination in order to contribute to public debates in social gerontology. Projects examine the scope, application, independence and sustainability of social gerontology policies, which are often subject to political and socioeconomic factors such as the power of groups representing older adults, differences between social classes, governments' fiscal capacity and policies' long-term structural impacts.

## **AXIS 5 – PUBLIC POLICY**

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**Patrik Marier** completed a research trip to France, to the French Institute for Demographic Studies (INED), as part of a project he is co-directing with Loïc Trabut (INED), entitled *Personnes âgées et solidarités locales* (PASOLO). Funded by a grant from the FRQSC and the Agence Nationale de la Recherche (France), this study is a comparative exploration of how policies related to older adults are adapted to local realities, focusing primarily on the firm establishment of social and healthcare services for older adults and on the territorial aspects of deploying these services. The researchers analyzed information gathered during field work in various regions of France and Quebec. The project's 11-person research team includes **Maude Benoit**, **Yves Carrière**, **Anne-Marie Séguin** and **Isabelle Van Pevenage**. The French researchers are from the Caisse nationale d'assurance vieillesse and INED.



**Maude Benoit** obtained an FRQSC grant under the Research support for new academics program. Her project is entitled: *L'État en action, l'État en restructuration. Les mutations de la mise en œuvre des politiques agroenvironnementales et de la vieillesse, France / Québec 2010-2020*. Benoit is particularly interested in the social policies related to home care services for older adults. Her research examines the impacts of New Public Management on the day-to-day work of managers and front-line workers who provide agri-environment services and home care support for older adults.

# **CONTRIBUTIONS TO PROGRAM DEVELOPMENT AND PUBLIC POLICY**

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- » **Patrik Marier** was a member of the scientific committee and a co-chair of the session on policies at the International Technical Meeting on Aging in Place held by the World Health Organization (WHO), the Pan American Health Organization (PAHO), France's Ministère des Solidarités et de la Santé and Quebec's Ministère des Relations internationales et de la Francophonie. Patrik Marier was asked to take part in this event by the MSSS's Direction des affaires intergouvernementales et de la coopération internationale.
- » As mentioned in the *In the News!* section, the MSSS sought out the expertise of CREGÉS in the area of caregiving. Under the 2017–2021 interministerial action plan related to the government policy of prevention in health, the MSSS mandated the CIUSSS West-Central Montreal to produce, under the responsibility of the CREGÉS, a profile of services and support measures for caregivers in Quebec. **Isabelle van Pevenage** is the head researcher in charge of this mandate, and **Zelda Freitas, Mélanie Couture** are on the team of research professionals involved in the project.
- » On December 11, 2018, **Isabelle Van Pevenage** and **Zelda Freitas** were invited as experts to participate in a day of consultation to support the development of a Quebec-wide policy for caregivers. Held in Quebec City, the consultation was organized by Marguerite Blais, the Minister Responsible for Seniors and Informal Caregivers.
- » The CREGÉS embarked on the second phase of the mandate to develop a Québec-wide policy framework to counter the mistreatment of older adults and other persons of full age in vulnerable situations, which was granted to the CIUSSS by the MSSS. This phase is aimed at proposing strategies to the MSSS for operationalizing and evaluating the implementation of the policy framework. The work is being carried out by **Mélanie Couture, Sarita Israel**, and their colleagues. The same team is also developing training content that will be used throughout Quebec to provide workers in the health, community and financial sectors with tools to identify and detect elder mistreatment, as well as intervene to counter it. This work is based on government department mandates shared with the Support Program for the Autonomy of Seniors of the CIUSSS West-Central Montreal and the Elder Mistreatment Helpline.
- » **Patrick Durivage** continued his work with Quebec's Commission des soins de fin de vie. His contributions included helping to draft the 2019 report on the status of end-of-life care.

# SCIENTIFIC PUBLICATIONS

Legend:

- Regular members
- Affiliated members
- Students\*
- Coordinators, Areas of expertise

## BOOK

Billette, V., Marier, P., & Séguin, A.-M. (Eds.). (2018). *Les vieillissements sous la loupe. Entre mythes et réalités.* Québec: Presses de l'Université Laval.

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Promoting Seniors' Mental Health  
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## Workshop Manual

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