



**Centre for Research and Expertise
in Social Gerontology**

**ANNUAL REPORT
ON RESEARCH ACTIVITIES**

2017 - 2018

Centre intégré
universitaire de santé
et de services sociaux
du Centre-Ouest-
de-l'Île-de-Montréal

Québec





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University-Affiliated Centre (UAC) in Social Gerontology

Annual Report on the 2017–2018 Research Activities of the Centre for Research and Expertise in Social Gerontology (CREGÉS)

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This report may be downloaded, free of charge, from the website of the Centre for Research and Expertise in Social Gerontology (CREGÉS) at www.creges.ca

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A WORD FROM THE SCIENTIFIC DIRECTORS OF THE CENTRE FOR RESEARCH AND EXPERTISE IN SOCIAL GERONTOLOGY



It is with great pleasure that we present this 2017–2018 annual report on the research activities of the Centre for Research and Expertise in Social Gerontology (CREGÉS). This report highlights our team's achievements over the past year, including **68** research projects, **49** publications, and **236** knowledge transfer and communication activities.

We would also like to underscore a major collaborative effort on issues related to aging undertaken with our research partner team Vieillissements, exclusions sociales et solidarités (VIES). This work culminated in the edited book *Les vieillissements sous la loupe. Entre mythes et réalités*, recently published by Les Presses de l'Université Laval. The book will soon be available in France and will also be translated into English.



Over the course of 2017–2018, CREGÉS welcomed two new members to its regular research team: **Sophie Éthier**, a professor in the School of Social Work and Criminology at Université Laval, and **Darla Fortune**, an assistant professor in Applied Human Sciences at Concordia University. In addition, in February 2017, **Zelda Freitas**, Development Coordinator of Development of Leading Practices in Caregiver Support, joined the CREGÉS team to continue expanding her expertise in the field. We extend a warm welcome to all of you.

CREGÉS also bade farewell to a few members over the year: **Sophie Laforest** and **Kareen Nour**, university and government researchers, respectively; and **Manon Parisien** and **Norma Gilbert**, practitioner-researchers in Prevention and Health Promotion for Seniors.

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To conclude, we warmly thank and congratulate all of our members and research partners, as well as the community, for their trust and confidence. Without you, our Centre could not move forward with the same degree of optimism and determination.



Patrik Marier, Ph.D.
Scientific Director, CREGÉS



Shannon Hebblethwaite, Ph.D.
Associate Scientific Director, CREGÉS

.....

/ social gerontology /

a multidisciplinary field of study
focused on the social aspects of aging

AT A GLANCE

/ mandate /

CREGÉS is a research infrastructure facilitating a sharing of knowledge and expertise among universities and practice settings in the health and social services network. Our mandate is to stimulate, develop and disseminate research on social gerontology, and to support the development of leading practices at the University-Affiliated Centre (UAC) in Social Gerontology of the Integrated Health and Social Services University Network (CIUSSS) of West-Central Montreal. To fulfil this mission, CREGÉS counts on the participation and support of researchers and skilled professionals in various milieus, including health and social services organizations, universities and the community.

composition

1 Scientific director	2 Institutional researchers
1 Associate scientific director	22 University researchers (affiliated members)
18 University researchers (regular members)	34 Students*
5 Practioner-researchers	8 Collaborators from practice settings

*Students of regular researchers whose thesis topic is related to social gerontology (14 Master's students and 20 Ph.D. students)

Research partner teams

+ ACT – Ageing + Communication + Technologies

A research partnership project funded by the Social Sciences and Humanities Research Council (SSHRC) that aims to create bridges between generations, discover how new media can better meet the needs of older adults, and fight against digital ageism.

+ VIES – Vieillissements, exclusions sociales et solidarités

A research partner team in critical social gerontology, funded by the Fonds de recherche du Québec – Société et culture (FRQSC), that examines social issues related to aging and notions of social inclusion, recognition and redistribution.

Affiliations universitaires

- + Université de Montréal
- + Université du Québec à Montréal
- + McGill University
- + Concordia University (ongoing)

Partenaires

- + Centre de recherche Individus, Épreuves, Sociétés (CeRIES)
- + NDG Senior Citizens' Council
- + Institute for Research on Public Policy (IRPP)
- + Réseau FADOQ
- + Table de concertation des aînés de l'Île de Montréal (TCAÎM)



disciplines

HIGHLIGHTS 2017–2018

16 new research grants for principal investigators
-> \$2,144,546

Research projects

As . . .	Principal investigators	Co-investigators	Total
Current	50	17	67
Completed	1	0	1
Total	51	17	68

Among the 68 projects currently under way, 19 are new projects that received funding in 2017-2018, headed by our regular researchers as principal investigators (16) or co-investigators (3).

Publications

A number of articles were published in prestigious peer-reviewed journals such as *Ageing & Society*, the *Canadian Journal on Aging*, the *Journal of Applied Gerontology*, *Lien social et Politiques*, *Recherches sociographiques*, and the *Revue internationale des soins palliatifs*.

	TOTAL
Articles in peer-reviewed journals	38
Book chapters	6
Research reports	2
Practical guides and intervention tools	2
Articles in non peer-reviewed journals	1
Total	49

Knowledge transfer and communication activities

	TOTAL
Scientific conferences	98
Presentations in the community to knowledge users and decision-makers	60
Media appearances	66
Contributions to the development of government programs and policies	12
Total	236

IN THE NEWS!

- ▶ **ANNUAL CONFERENCE** | On May 15, 2017, the Centre for Research and Expertise in Social Gerontology (CREGÉS), our research partner team Vieillissements, exclusions sociales et solidarités (VIES), and the Concordia University Research Chair in Aging and Public Policy organized a conference for the general public titled *Impacts de l'austérité sur les conditions de vie et de santé des personnes âgées*. The event was attended by 300 participants, including older adults, caregivers, practitioners and managers from the healthcare and social services network, and representatives of unions and political parties.
- ▶ **POLICY ON AGING: *Vieillir et vivre ensemble, chez soi, dans sa communauté, au Québec*** | **Patrik Marier** is the Scientific Director of CREGÉS, a professor of Political Science at Concordia University, and the Concordia University Research Chair in Aging and Public Policy. At the invitation of the ministère de la Famille, he gave a talk titled “Adapter les politiques publiques au vieillissement de la population” at the forum *Vieillir et vivre ensemble – Bilan, échanges et perspectives*, held from June 1–2, 2017, in Quebec City. The forum was attended by government officials, representatives of organizations working with older adults, and actors from the municipal and research milieus. In addition, members of CREGÉS and the VIES research partner team submitted a brief on October 6, 2017, in response to the provincial government’s call for submissions on its *Vieillir et vivre ensemble* policy and 2018–2023 action plan. This brief may be downloaded from the CREGÉS website at www.creges.ca.
- ▶ **COLLECTIVE WORK ON AGING** | The book *Les vieillissements sous la loupe. Entre mythes et réalités* published by Les Presses de l’Université Laval in May 2018 consists of 31 chapters that question or deconstruct aging-related myths in the light of scientific research. Over 60 authors contributed to the book, including a number of researchers, practitioner-researchers and student members from CREGÉS and the VIES research partner team.
- ▶ **PUBLICATIONS** | In collaboration with Vincent Caradec and Aline Chamahian, both professors at the Université de Lille in France, **Patrik Marier** and **Anne-Marie Séguin**, a professor at the Institut national de la recherche scientifique (INRS) – Urbanisation Culture Société Research Centre, and director of the VIES research partner team, edited an issue of the international journal *Lien social et Politiques* titled *Les territoires du vieillissement*. This issue, published in the fall of 2017, included an article by **Maude Benoit**, a political science professor at the Université du Québec à Montréal, which compares home care policies in Quebec and France. It also included an article by **Julien Simard**, a CREGÉS student member and Ph.D. student at the INRS, on territorial exclusion—a phenomenon to which older adults are particularly vulnerable. The publication is available online at lsp.inrs.ca

SCHOLARSHIP GRANTS 2017–2018

To encourage social gerontology research, CREGÉS offers scholarship grants to students supervised by its regular members. A total of \$25,000 was awarded to eight students in 2017–2018.

Doctoral awards (\$15,000 in total)

Baptiste Fournier, Physical Activity Sciences, Université de Montréal (student of Sophie Laforest)

> *Effets et implantation d'un programme communautaire de marche avec bâtons destinés aux aînés*

Sara Painter, Urban Studies, Institut national de la recherche scientifique – Urbanisation Culture Société Research Centre (student of Anne-Marie Séguin)

> *Les géographies quotidiennes de personnes souffrant de troubles psychiques – pratiques spatiales dans les espaces du quotidien*

Rafael Silva-Ramirez, Demography, Université de Montréal (student of Yves Carrière)

> *Étude de la retraite au Canada dans le contexte d'une augmentation du poids des immigrants parmi la main-d'œuvre canadienne*

Master's awards (\$10,000 in total)

Alexandra Gilbert, Leisure, Culture and Tourism Studies, Université du Québec à Trois-Rivières (student of Hélène Carbonneau)

> *Déterminants de la pratique de la marche en contexte urbain chez les personnes en situation de mobilité restreinte*

Mohamed Jridi, Sexology, Université du Québec à Montréal (student of Isabelle Wallach)

> *Sexualité et relations affectives des personnes âgées : influence du parcours de vie*

Judith Lefebvre, Demography, Université de Montréal (student of Yves Carrière)

> *Les tendances d'espérance de vie sans incapacité chez les 45 ans et plus, selon le sexe, Canada, 1994-2014*

Léonie Perron, Political Science, Université du Québec à Montréal (student of Maude Benoit)

> *Comment le Nouveau management public transforme-t-il la mise en œuvre des politiques publiques? Le cas des prestations des services à domicile au Québec*


Nora Tremblay-Lamontagne, Communications Studies, Concordia University (student of Kim Sawchuk)

> *Old, Crafty and Connected : Cercle de Fermières' community and technologies*




01

RESEARCH AXIS SENIORS AS SOCIAL ACTORS



This research axis aims to build the capacity of older adults in order to foster their resilience and well-being.

Older adults are not seen as a clientele to be served, but rather as active participants in their aging process.



RESEARCH AXIS 1 – SENIORS AS SOCIAL ACTORS

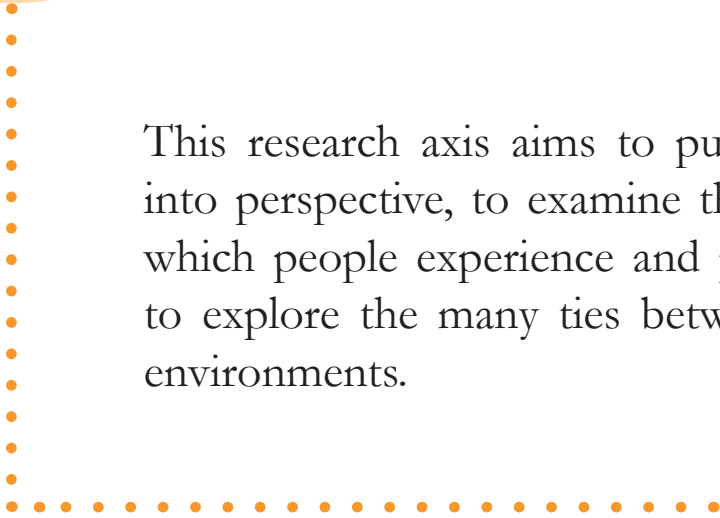
Ginette Aubin, a professor in the department of Occupational Therapy, and **Hélène Carboneau**, a professor in the department of Leisure, Culture and Tourism Studies at the Université du Québec à Trois-Rivières, obtained funding from CREGÉS to conduct an exploratory study titled *Espaces inclusifs et occupations des aînés ayant une problématique de santé mentale*. The researchers aim to examine how older adults perceive their place in the community and, especially, their experience of frequenting a variety of spaces. To do so, they will be using an innovative research methodology: real-time narratives which will allow them to discover the places mentioned by the research participants as they visit them. Following this study, the researchers will make recommendations geared toward the social inclusion of older adults living with a mental health problem.

Shannon Hebblethwaite is the Associate Scientific Director of CREGÉS, a professor at Concordia University, and the director of **engAGE**: Centre for Research on Aging. **Kim Sawchuk** is a professor in the Department of Communication Studies, the Associate Dean of Research and Graduate Studies for Concordia University's Faculty of Arts and Science, and the Director of the Ageing + Communication + Technologies (ACT) project. These two researchers and their colleagues were in the media spotlight in February 2018 during a public consultation on the Age-Friendly City initiative led by the City of Montreal. Among other things, they alerted the authorities to barriers preventing older people from participating in the consultation, since the public sessions were held in the middle of winter—a particularly difficult time for older people to get around. In addition, the online survey that was initially proposed was challenging for those who were unfamiliar with technology or who did not have access to a computer. By the end of February, the City had extended the consultation period. The survey was available in both French and English, and a paper version and bilingual phone service were also offered.



02

RESEARCH AXIS HETEROGENEITY OF AGING: BODIES, IDENTITIES AND SOCIETY



This research axis aims to put aging stereotypes into perspective, to examine the multiple ways in which people experience and perceive aging, and to explore the many ties between age and living environments.

RESEARCH AXIS 2 – HETEROGENEITY OF AGING


Isabelle wallach, a professor in the Department of Sexology at the Université du Québec à Montréal, and Isabelle van Pevenage, an institutional researcher at CREGÉS and affiliate professor in the Department of Sociology at the Université de Montréal, organized a conference held by the VIES research partner team, with the support of CREGÉS, as part of the 85th Congrès annuel de l'Association francophone pour l'avancement de la science (ACFAS). This conference, which took place in Montreal on May 9, 2017, was titled *Regards sur soi, regards des autres : vieillesse et vieillissements à l'épreuve de l'identité*. The event aimed to explore the social constructions of aging according to two distinct axes. The first concerned the construction of older adults' identities through processes of internalization, negotiation or distancing vis-à-vis social norms and values. The idea was to look at the relationships that members of minority groups (notably migrants and sexual minorities) have with social constructions of aging. The second axis looked at the social constructions of age and aging in the community and how they affect individuals and institutions. Both organizers gave talks at the conference, as did Valérie Bourgeois-Guérin (a professor in the Department of Psychology at the Université du Québec à Montréal), Hélène Carbonneau, Shari Brotman (a professor in the School of Social Work at McGill University), Émilie Raymond (a professor in the School of Social Work and Criminology at Université Laval), Patrik Marier, and Patrick Durivage, a practitioner-researcher at CREGÉS. Three student members also gave presentations: Julie Beauchamp, Chloé Dauphinais and Ilyan Ferrer.

At the 21st International Association of Gerontology and Geriatrics (IAGG) World Congress, held in San Francisco in July 2017, Patrik Marier chaired an interdisciplinary symposium organized by CREGÉS and the VIES research partner team titled *Examining Aging and Social Inclusion Through Different Lenses*. CREGÉS members participated in the symposium, along with researchers and graduate students. Among the topics discussed were autonomy; perceptions of gay and lesbian older adults and their experiences of social exclusion and inclusion; beauty standards and aging bodies; and the experiences of older immigrants. The researchers Patrik Marier, Isabelle wallach and Shari Brotman gave talks at the symposium, as did three CREGÉS student members (Julie Beauchamp, Daniel Dickson and Ilyan Ferrer).




03

RESEARCH AXIS **SERVICE DELIVERY TO SENIORS AND** **THEIR LOVED ONES**



This research axis helps to develop innovative modes of service delivery aimed at supporting and evaluating current practices. Areas of focus include mistreatment, mental health issues, chronic diseases, cognitive aging and palliative care.

Interventions should be aimed not only at clinical recovery, but also at adaptation, integration and the increased participation of older adults.



RESEARCH AXIS 3 – SERVICE DELIVERY

Tamara Sussman, a professor at McGill University's School of Social Work, is a principal co-investigator on the project *Improving Advance Care Planning for Frail Elderly Canadians*. This Canada-wide study received a grant from the **Canadian Frailty Network**. The initiative examines the advance planning of palliative care, a process whereby older adults can give advance directives regarding their choices, wishes and preferences regarding care, thus playing a more active role the care delivery process. **Valérie Bourgeois-Guérin**, a professor at the Université du Québec à Montréal, is a co-investigator on this project, and **Patrick Durivage** is a collaborator.


In 2017–2018, CREGÉS and its VIES research partner team launched the program *Count Me In! Promoting Seniors' Mental Health and Community Participation*. Until she retired in May 2018, **Norma Gilbert** was Coordinator of Development of Leading Practices in Prevention and Health Promotion for Seniors at CREGÉS. She gave a presentation on the *Count Me In!* program at the annual meeting of the Canadian Mental Health Association, held in Toronto in September 2017. She also led a workshop on the same topic at the Canadian Association on Gerontology (CAG) conference held in Winnipeg, Manitoba. On *Bell Let's Talk Day*, January 31, 2018, CREGÉS and the VIES research partner team held an event to mark the launch of the facilitator's guide at the Patro Le Prévoist community centre in Montreal, with a number of partners and guests in attendance. At the event, **Ginette Aubin** presented the results of a study on the implementation of the program. In 2016, **Nora Tremblay-Lamontagne** and **Norma Gilbert** received funding from the *Bell Let's Talk* Community Fund to produce a series of online videos and promote the program across Canada. In the fall of 2017, they uploaded these videos, which continue to attract many visitors. French and English versions of the program manuals can be downloaded from the CREGÉS website.

Mélanie Couture is an institutional researcher at CREGÉS and an affiliate professor of Psychology at the Université de Sherbrooke. She is the lead co-investigator of the research project *Maintien à domicile des personnes âgées vulnérables : Co-conception et déploiement de solutions technologiques dans le cadre d'un laboratoire vivant*. This project received funding from the **Canadian Institutes of Health Research (CIHR)**, in partnership with the **Natural Sciences and Engineering Research Council of Canada (NSERC)**. Over the course of the study, technology will be used to help older adults who are receiving home care and are at a risk of self-neglect to remain in their home. The implementation process and effectiveness of the technologies will be examined from the perspectives of managers, program directors, healthcare professionals and caregivers, as well as older persons themselves.




04

RESEARCH AXIS LIVING ENVIRONMENTS



This research axis takes a critical view of the idealized “home environment” in light of the interpersonal dynamics and rules and regulations that exist in different living environments.

The goal is to understand how experiences of aging not only depend on the physical structures in which older adults live, but also on interpersonal exchanges and personal care.



RESEARCH AXIS 4 – LIVING ENVIRONMENTS


Émilie Raymond and Anne-Marie Séguin are leading the CREGÉS-funded project *Pour une ville plus inclusive : pratiques de l'espace et lien social dans un projet intergénérationnel de mixité résidentielle*. The project is an in-depth exploration of an initiative developed in a city in northern France. The researchers are looking at the social inclusion of older adults in collective living spaces, as well as the intergenerational and intercultural relationships that develop in these spaces. They also examine the exclusion that can be experienced by older adults living with a mobility or sensory impairment.

Anne-Marie Séguin and other social gerontology researchers, including two members of the VIES research partner team, Bernadette Dallaire and Isabelle Van Pevenage, published the results of a study funded by the **Fonds de recherche du Québec — Société et culture** (FRQSC). The study, titled *Des besoins aux ressources : diversité des milieux et des stratégies déployées par les personnes âgées*, aims to identify the factors that allow lower-income older people who live alone and are experiencing a mild loss of autonomy to remain in their place of choice (dwelling and neighbourhood). This qualitative study included people aged 75 years and older and healthcare/social service practitioners in three Quebec regions. The results attest to the determination of older adults and the diverse strategies they use to stay in their living environment. Each individual's social support network is different and can be fragile, especially in situations of major change (serious illness, accidents, etc.). The study also documents the use of public, community and social economy resources. It reveals that certain needs are not always adequately met because of a lack of resources. The authors make recommendations regarding local resources, living spaces, mobility and home care services.




05

RESEARCH AXIS PUBLIC POLICY AND SOCIAL GERONTOLOGY



This research axis looks at the development of public policy and dissemination of knowledge in order to contribute to public debates in social gerontology.

Projects examine the scope, application, independence and sustainability of social gerontology policies, which are often subject to political and socioeconomic factors such as the power of groups representing older adults, differences between social classes, governments' fiscal capacity and long-term structural impacts.



RESEARCH AXIS 5 – PUBLIC POLICY

Patrik Marier is the lead investigator of a study funded by the **Social Sciences and Humanities Research Council of Canada (SSHRC)**, titled *The Politics of Social Gerontology*. The co-investigators include **Anne-Marie Séguin** and **Annette Leibing**, a professor in Université de Montréal's Faculty of Nursing. The study examines innovations in social policy regarding the autonomy of older adults in some 20 countries. It seeks to identify factors that either facilitate or impede such innovations. Between 2017 and 2018, eight focus groups with older adults were held in cities across Quebec. In addition, over 1,600 people aged 50 and over completed a survey, expressing their perspectives on a variety of topics, including autonomy, an aging society, pensions and caregiving.

COLLOQUE

Impacts de l'**AUSTÉRITÉ** sur les conditions de vie et de santé des personnes âgées

Lundi 15 mai 2017
8 h 30 - 16 h 30
Université Concordia
Pavillon Henry F. Hall
Local 0050-00



Inscription GRATUITE : www.creges.ca/colloque-2017/
514-484-7878 #1366 Date limite : 1^{er} mai 2017



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VIES

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en gérontologie sociale

Concordia
Université Concordia

As mentioned earlier in the In the News! Section, three groups focused on social gerontology—the VIES research partner team, CREGÉS and the Concordia University Research Chair in Aging and Public Policy—held the conference *Impacts de l'austérité sur les conditions de vie et de santé des personnes âgées* in May 2017. The topics discussed included the dismantling and restructuring of the welfare state, and the impacts of austerity measures on health inequalities among older adults, the public healthcare system, the community, the social economy, daily life, and local and living environments. In November 2017, **Patrik Marier** and **Anne-Marie Séguin** presented a summary report of the event in Rimouski at the invitation of Harold Lebel, local MLA and spokesperson for the official opposition in the areas of employment, social solidarity and the fight against poverty. The winter issue of the CREGÉS *Pluralages* magazine was devoted to the conference. The French and English versions of this issue are available, free of charge, on the CREGÉS website. Abstracts and audio recordings can be found on the website of the VIES research partner team (www.vies.ucs.inrs.ca). Also on the website is the video *Réflexions de personnes âgées sur l'austérité*, created by the ACT (Ageing + Communication + Technologies) project.

CONTRIBUTIONS TO PROGRAM DEVELOPMENT AND PUBLIC POLICY

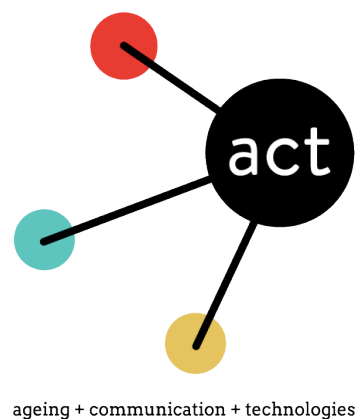
» Mélanie Couture is the lead scientific of the Health Intervention and Technology Assessment Unit for Health and Social Services (UETMISSS) of the CIUSSS West-Central Montreal. Sarita Israel is the Coordinator of Development of Leading Practices to Counter the Mistreatment of Older Adults at CREGÉS. Milaine Alarie is a Planning, Programming and Research Officer at CREGÉS. As part of a mandate from the **ministère de la Santé et des Services sociaux** (MSSS), they have been developing, implementing and evaluating a *Policy Framework to Counter the Mistreatment of Older Adults and Other Persons of Full Age in Vulnerable Situations*. This work was conducted following the passing of the *Act to combat maltreatment of seniors and other persons of full age in vulnerable situations* (L-6.3), enacted on May 30, 2017 by the Quebec National Assembly. An implementation guide and information as well as awareness activities are also being developed.

» In October 2017, members of CREGÉS and the VIES research partner team submitted a brief as part of the consultation on the Quebec government's policy on aging, *Vieillir et Vivre ensemble – Chez soi, dans sa communauté, au Québec*, and its 2018–2023 action plan. While they were glad to have an opportunity to take part in the consultation, the authors questioned the notion of “active aging” on which the policy largely rests. They highlighted the diverse realities of aging and the persistence of agism. The brief offered a summary of the scientific literature in this area, along with recommendations in connection with social and public engagement, the role of communities dealing with an aging population, accommodation, the mobility of aging individuals and caregiving.

Caregiving has been a focus for CREGÉS members and the VIES research partner team, along with the team of Sophie Éthier, a professor at the School of Social Work and Criminology at Université Laval. The authors of the CREGÉS-VIES brief identified five key issues: 1) recognition of a legal status for caregivers; 2) the development of programs and services for caregivers; 3) the establishment of a partnership between caregivers and the healthcare and social services system; 4) self-identification as a caregiver; and 5) the role of employers in supporting these individuals. The authors' recommendations were aimed at enhancing recognition of and support for caregivers. Sophie Éthier, in her brief *Au-delà de l'âge, reconnaître et soutenir tous les proches aidants*, argues that Quebec's public policies should take a broader view of caregiving. She also proposes developing a national caregiving strategy.

» **Patrik Durivage** continues his work as a member of the Quebec Commission on End-of-Life Care. He is also a member of the CIUSSS West-Central Montreal's implementation committee for Bill 2.

» **Kim Sawchuk** and her team in the Ageing + Communication + Technology (ACT) project responded to the "Call for comments on the Governor in Council's request for a report on future programming distribution models" issued by the Canadian Radio-television and Telecommunications Commission (CRTC). The authors carried out a quantitative and qualitative research program with persons aged 60 and over. The results highlight the continued importance of traditional media (television and radio) in the life of older adults, as well as the latter's concerns about representations of aging in the media. The team has developed specific recommendations for the federal agency so that older adults' experiences, viewpoints and uses of media can be better understood and taken into account in the future.



Les vieillissements sous la loupe

Entre mythes et réalités



Sous la direction de
Véronique Billette
Patrik Marier
Anne-Marie Séguin

« Notre intention est de contribuer à une sensibilisation du public, des intervenants, des professionnels et des chercheurs afin d'amorcer, avec eux, une transformation des discours et des pratiques entourant le vieillissement. »




Le vieillissement de la population est parfois traité, dans les discours politiques et médiatiques, comme une catastrophe démographique, un lourd fardeau social ou financier pour la société. Le vieillissement de la population et la vieillesse restent encore aujourd'hui fréquemment associés à des représentations négatives, à des idées toutes faites qui persistent dans le temps.

L'ouvrage regroupe 31 textes qui font la lumière sur différents mythes persistants liés au vieillissement. Il aborde des thèmes variés, tels la retraite, les travailleurs âgés, le deuil, la violence, l'hébergement, la mobilité, le numérique, l'itinérance, la sexualité, les proches aidants, les capacités cognitives, le bénévolat, la participation sociale ou politique, vieillir en prison, vieillir avec un handicap, etc. Pour obtenir un portrait juste des personnes âgées, des spécialistes de plusieurs domaines et disciplines ont été invités à présenter un mythe, puis à le déconstruire ou à l'analyser dans toutes ses nuances. Sans compromis sur la qualité scientifique, les textes, courts et accessibles, ont pour objectif de permettre aux lectrices et aux lecteurs d'explorer les enjeux sociaux du vieillissement sous-jacents aux mythes analysés. Par cet ouvrage, nous espérons contribuer à une meilleure compréhension collective des défis, mais aussi des atouts, d'une société vieillissante.

Cet ouvrage est le fruit d'un projet collectif porté par l'Équipe de recherche en partenariat Vieillissements, exclusions sociales et solidarités (VIES) et par le Centre de recherche et d'expertise en gérontologie sociale (CREGÉS).



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