

New Support Resource for Caregivers at Home



Caring for someone
with an advanced
chronic illness at home:
an interactive workshop

Flyer for professionals



In your daily practice, are you in contact with caregivers who need support while providing care to a loved one with a life threatening illness at home? A qualified team of social workers from the CIUSSS West-Central Montreal are organizing a series of **10 interactive workshops** that will address a variety of topics. Targeting a group of 8-12 caregivers, these workshops will also be an opportunity for caregivers to share their experiences with others in similar situations.

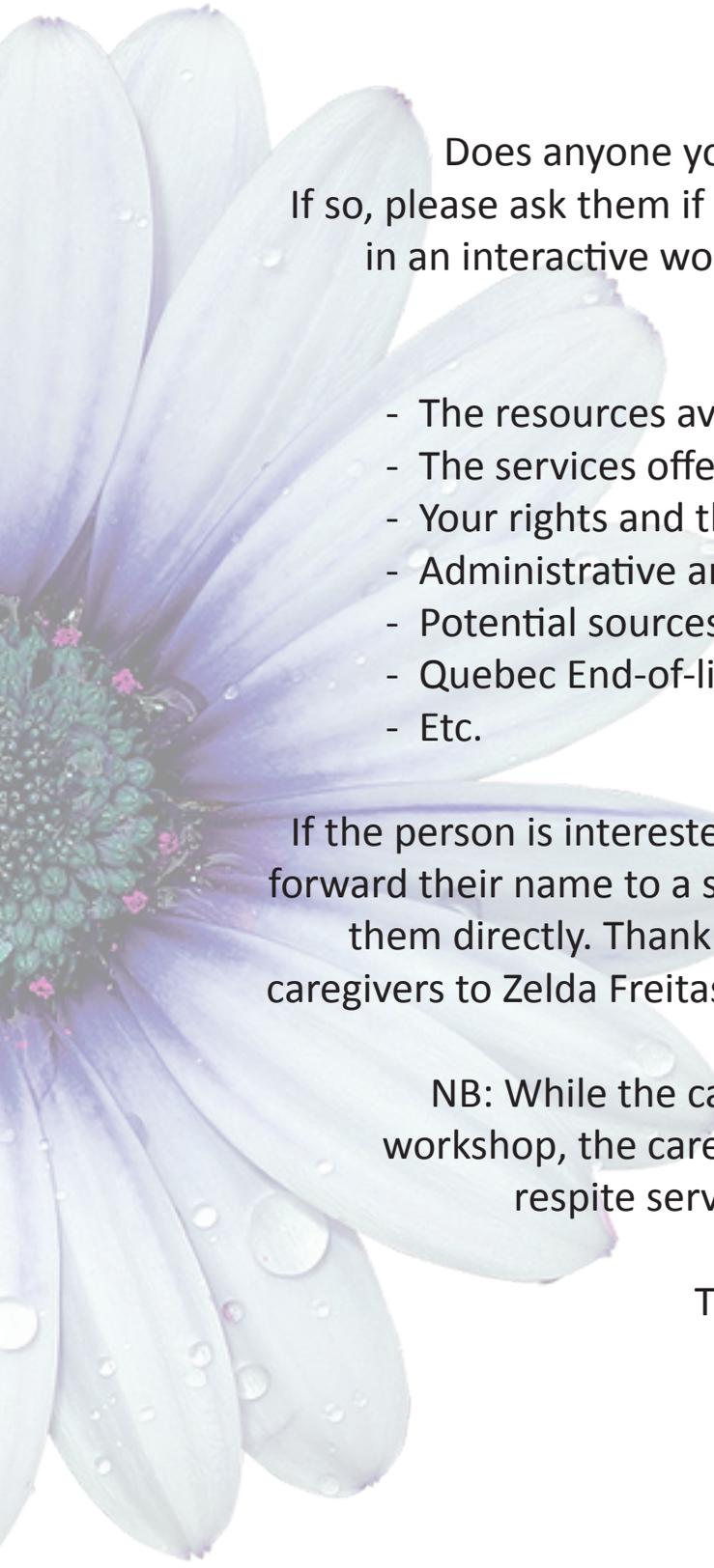
We are looking for caregivers caring for someone in a life limiting situation (prognosis of one year or less) without necessarily having a palliative care status.

Inclusion criteria are:

- The caregiver is an unpaid family member or friend providing care;
- The caregiver is 18 years or older;
- The caregiver speaks English or French;

Exclusion criteria are:

- The caregiver must not have cognitive limitations or severe mental health issues.



Does anyone you know meet these criteria ?
If so, please ask them if they would like to participate
in an interactive workshop that will deal with the
following topics :

- The resources available in your community;
- The services offered by your local CLSC;
- Your rights and those of your loved one;
- Administrative and financial aspects of caring;
- Potential sources of comfort.
- Quebec End-of-life law (Bill 2)
- Etc.

If the person is interested, please ask them if you can
forward their name to a social worker that will contact
them directly. Thank you for referring all potential
caregivers to Zelda Freitas at 514-488-3673 local 1203.

NB: While the caregiver is participating in the
workshop, the care-receivers will have access to
respite services for 4 hours at no charge.

There is no cost to participate.

When?

Tuesdays, from 2 to 4 pm, starting October 9th until December 18th, 2018 inclusively.

Where?

At Richardson Hospital
5425, Bessborough avenue, Room JR-202, 2nd floor
Montréal (QC) H4V 2S7

By whom?

By Zelda Freitas (SW) and Patrick Durivage (SW)

For whom?

Anyone over 18 years old who offers care to a loved one with a life threatening illness living at home. The caregiver OR the carer should live on the CIUSSS West-Central Montreal territory.

For information or to register

Zelda Freitas 514-484-7878, local 1203

Developed and organized by a team from the Centre for Research and Expertise in Social Gerontology of CIUSSS West-Central Montreal. To meet the criteria for excellence set by the Research Center, these groups will be evaluated by a team of researchers.



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