



# Conférence REGÉS



*Darla Fortune, Ph.D.*

Darla Fortune's research is embedded in a concern for social justice and aims to create positive change in the lives of people most at risk of experiencing exclusion from community. Her research emphasizes the need for a cultural shift in dementia care that embraces relational approaches.

## THE POTENTIAL FOR LEISURE TO BE A KEY CONTRIBUTOR TO LONG-TERM CARE CULTURE CHANGE

Culture change describes efforts to transform long-term care (LTC) homes into caring communities where quality of life is paramount. Since leisure is recognized as one of the strongest contributors to quality of life for individuals living in LTC homes, it has a vital role to play in the culture change process. In this presentation I present findings from a study that examined ways leisure programs and practices in LTC homes align with culture change principles. These findings highlight ways leisure can provide opportunities for residents, staff, and family to be in relationships where there is deeper knowing of individuals and celebrations of their lives, a sharing of power, and opportunities to work together to enhance meaningful experiences.

May 8<sup>th</sup>, 2018 | 2:00 pm to 3:00 PM

St. Margaret Residential Centre, Main floor

50, avenue Hillside, Westmount (Québec) H3Z 1V9

WEBINAR ALSO AVAILABLE

\*Conférence et période de questions offertes en anglais.

Registration:

<https://fr.surveymonkey.com/r/BMNDVVD>  
Stéphane Pavrette | 514-484-7878 x1340

*Coffee is offered!*



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